

Brief-Curriculum Vitae

Prof. Dr. Guy Bodenmann

Professor of Clinical Psychology
University of Zurich (Switzerland)

Major Research Interests

Stress and Coping in couples, Prevention of dysfunctional relationships, Mental disorders and close relationships, Evaluation of couple therapy and prevention programs for couples, Relationship functioning and child well-being/disorders

Positions

1993-1994 Research fellow at the University of Washington (Seattle); Prof. Dr. John Gottman
1995-2008 Director of the Institute for Family Research and Counseling, University of Fribourg
1999-2001 Assistant professor at University of Fribourg
2001-2003 Professor of the Swiss National Science Foundation
2003-2008 Associate Professor of Clinical Psychology and Close Relationships at University of Fribourg
2008- Full professor of Clinical Psychology for Children/Adolescents and Couples/Families at University of Zurich

Teaching activities

Teaching in BSc and MSc as well as Ph.D. programs at the University of Zurich and other Swiss universities.

Clinical Training and Practice

Guy Bodenmann is trained in cognitive behavioral therapy and specialized in couple therapy. He developed the Couples Coping Enhancement Training (CCET) and the coping-oriented couple therapy.

Clinical Training and Practice

Director of the clinical training program in Cognitive-Behavioral Psychotherapy for Children and Adolescents and president of the Academy of Behavioral Therapy in Children and Adolescents at the Universities of Fribourg and Zurich, director of the clinical program in couple therapy. Director of the clinic for psychotherapies for couples and the clinic for psychotherapy for children/adolescents at the University of Zurich.

Honors & Awards

1991: Vigener Award for outstanding research, University of Fribourg

Research Grants (last 8 years)

Impact of stress on relationship development of couples and children: A longitudinal approach on dyadic development across the lifespan. *SNF-Sinergia-Project* (Nr. CRSI11_147634/1)

Strengthening couples during the transition to parenthood: A randomized controlled study. SNF (Nr. 100014_146775/1)

How families cope with child cancer. A longitudinal study on the role of we-appraisals on child's health-related quality of life. *Krebsliga Schweiz* (KFS-3325-02-2014)

Impact of stress on relationship development of couples and children: A longitudinal approach on dyadic development across the lifespan. *SNF-Sinergia-Project* (Nr. CRSI11_133004/1)

Dyadic coping in adolescent couples: How do young couples cope together and how is their dyadic coping influenced by their parents' models? SNF (Nr. 100014_129699/1)

National Centre of Competence in Research (NCCR) "Overcoming vulnerability: Life course perspectives: Women facing cancer: Impact of the social support" (LIVES) SNF sub-project "Social support in women dealing with breast cancer".

The impact of external stress on couples' interaction within one year SNF (Nr. 100014_129627/1)

The impact of external stress on couples' communication. SNF (Nr. 100013-115948/1)

Memberships

Guy Bodenmann is International Affiliate of the American Psychological Association (APA), German Association of Psychologists (DGPs), Swiss Association of psychologists (FSP), Swiss Society of Psychology (SGP) Swiss Society of Cognitive-Behavioral Therapy (SGVT), International Association for Relationship Research (IARR), National Council on Family Relations (NCFR), European Society on Family Relations.

Publications (selection and organized by topic)

20 books and more than 200 scientific contributions in peer-reviewed journals or books.

Two French books:

Bodenmann, G. (2003). *Une vie de couple heureuse*. Paris: Odile Jacob.

Bodenmann, G. (2003). *Le dépistage du divorce*. St. Maurice: Editions St. Augustin.

Publications by topic

Dyadic Coping

Falconier, M. K., Jackson, J., Hilpert, J., & Bodenmann, G. (2015). Dyadic coping and relationship satisfaction: A meta-analysis. *Clinical Psychology Review*, 42, 28-46.

Bodenmann, G., Meuwly, N., Germann, J., Nussbeck, F., Heinrichs, M. & Bradbury, T. N. (2015). Effects of Stress on the Social Support Provided by Men and Women in Intimate

Relationships. *Psychological Science OnlineFirst*, published on September 4, 2015 as doi:10.1177/0956797615594616

Bodenmann, G. (1997). Dyadic coping - a systemic-transactional view of stress and coping among couples: Theory and empirical findings. *European Review of Applied Psychology*, 47, 137-140.

Bodenmann, G. (1995). A systemic-transactional view of stress and coping in couples. *Swiss Journal of Psychology*, 54, 34-49.

Bodenmann, G. (2005). Dyadic coping and its significance for marital functioning. In T. Revenson, K. Kayser, & G. Bodenmann (eds.), *Couples coping with stress: Emerging perspectives on dyadic coping* (pp. 33-50). Washington, DC: American Psychological Association.

Bodenmann, G., Pihet, S. & Kayser, K. (2006). The Relationship between Dyadic Coping, Marital Quality and Well-being: A Two Year Longitudinal Study. *Journal of Family Psychology*, 20, 485-493.

Bodenmann, G., Meuwly, N. & Kayser, K. (2011). Two conceptualizations of dyadic coping and their potential for predicting relationship quality and individual well-being. *European Psychologist*, 16, 255-266.

Bodenmann, G. (2007). Dyadic coping and the 3-phase-method in working with couples. In L. VandeCreek (ed.), *Innovations in clinical practice: Focus on group and family therapy* (pp. 235-252). Sarasota: Professional Resources Press.

Bodenmann, G. (2013). Love under stress. In L. Bormans (eds.), *The world book of love*. (p. 84). Tiel: Lannoo Publishers.

Bodenmann, G., Bradbury, T. N. & Pihet, S. (2009). Relative contributions of treatment-related changes in communication skills and dyadic coping skills to the longitudinal course of marriage in the framework of marital distress prevention. *Journal of Divorce and Remarriage*, 50, 1-21.

Bodenmann, G. & Randall, A. (2012). Common factors in the enhancement of dyadic coping. *Behavior Therapy*, 43, 88-98.

Ditzen, B., Naters, U. M., Schaer, M., La Marca, R., Bodenmann, G., Ehlert, U. & Heinrichs, M. (2013). Sex-specific effects of intranasal oxytocin on autonomic nervous system and motional responses to couple conflict. *Social Cognitive and Affective Neuroscience*, online. doi:10.1093/scan/nss083

Donato, S., Parise, M., Iafraite, R., Bertoni, A., Finkenauer, C. & Bodenmann, G. (2015). Dyadic coping responses and partners' perceptions for couple satisfaction: An actor-partner interdependence analysis. *Journal of Social and Personal Relationships*, 32, 580-600. DOI 10.1177/0265407514541071

Falconier, M. K., Nussbeck, F. & Bodenmann, G. (2013). Dyadic coping in Latino couples: validity of the Spanish version of the Dyadic Coping Inventory. *Anxiety, Stress and Coping*, 26 (4), 447-466. DOI: 10.1080/10615806.2012.699045

Hilpert, P., Bodenmann, G., Nussbeck, F. N. & Bradbury, T. N. (2013). Predicting relationship satisfaction in distressed and non-distressed couples based on a stratified sample: a matter of conflict, positivity, or support? *Family Science*. DOI:10.1080/19424620.2013.830633

Jenewein, J., Meier, C., Mörgeli, H. & Bodenmann, G. (2011). Dyadic coping, quality of life, and psychological distress among COPD patients and their partners. *Journal of Psychosomatic Research*, 70, 597-597.

Kramer, U., Ceschi, G., Van der Linden, M., & Bodenmann, G. (2006). Individual and dyadic coping strategies in the aftermath of a traumatic experience. *Swiss Journal of Psychology*, 64, 241-248.

Landis, M., Peter-Wight, M., Martin, M. & Bodenmann, G. (2013). Dyadic coping and marital satisfaction of older spouses in long-term marriage. *GeroPsych, The Journal of Gerontology and Geriatric Psychiatry*, 26, 39–47.

Landis, M., Bodenmann, G., Bradbury, T. N., Brandstätter, V., Peter-Wight, M., Backes, S., ... Nussbeck, F. W. (in press). Commitment and Dyadic Coping in Long-Term Relationships. *Journal of Gerontopsychology and Geriatric Psychiatry*. DOI: 10.1024/1662-9647/a000077

Meier, C., Bodenmann, G., Moergli, H., Peter-Wight, M., Martin, M. & Jenewein, J. (2012). Dyadic coping among couples with COPD: A pilot study. *Journal of Clinical Psychology in Medical Setting*. DOI 10.1007/s10880-011-9279-7

Meier, C., Bodenmann, G., Mörgeli, H. & Jenewein, J. (2011). Dyadic coping, quality of life, and psychological distress among chronic obstructive pulmonary disease patients and their partners. *International Journal of Chronic Obstructive Pulmonary Disease*, 6, 583-596.

Merz, C., Meuwly, N., Randall, A. & Bodenmann, G. (2014). Engaging in dyadic coping: Buffering the impact of everyday stress on prospective relationship satisfaction. *Family Science*, 5 (1), 30-37. doi.org/10.1080/19424620.2014.927385

Meuwly, N., Feinstein, B. A., Davila, J., Nunez, D. G. & Bodenmann, G. (2013). Relationship quality among Swiss women in opposite-sex versus same-sex romantic relationships. *Swiss Journal of Psychology*, 72, 229-234.

Randall, A. K., Jimenez-Arista, L. E., Bodenmann, G., Hilpert, P. & Walsh, K. J. (2015). Dyadic Coping in the U.S.: Psychometric properties and validity for use of the English version of the Dyadic Coping Inventory. *Current Psychology*. DOI 10.1007/s12144-015-9323-0

Revenson, T., Kayser, K. & Bodenmann, G. (eds.) (2005). *Couples coping with stress: Emerging perspectives on dyadic coping*. Washington, DC: American Psychological Association.

Rusu, P. P., Hilpert, P., Beach, S. R. H., Turluc, M. N., & Bodenmann, G. (2015). Dyadic Coping Mediates the Association of Sanctification With Marital Satisfaction and Well-Being. *Journal of Family Psychology*. Advance online publication. <http://dx.doi.org/10.1037/fam0000108>

Traa, M. J., De Vries, J., Bodenmann, G. & Den Ouden, B. L. (2014). Dyadic coping and relationship functioning in couples coping with cancer: A systematic review. *British Journal of Health Psychology*. DOI: 10.1111/bjhp.12094

Vedes, A., Nussbeck, F. W., Bodenmann, G., Lind, W. & Ferreira, A. (2013). Psychometric properties and validity of the Dyadic Coping Inventory in Portuguese. *Swiss Journal of Psychology, 72* (3), 149–157.

Stress in couples

Bodenmann, G., Atkins, D. C., Schär, M. & Poffet, V. (2010). The association between daily stress and sexual activity. *Journal of Family Psychology, 24*, 271-279.

Bodenmann, G., Ledermann, T. & Bradbury, T. N. (2007). Stress, sex, and satisfaction in marriage. *Personal Relationships, 14*, 407-425.

Bodenmann, G., Meuwly, N., Bradbury, T., Gmelch, S. & Ledermann, T. (2010). Stress and verbal aggression in intimate relationships: Moderating effects of trait anger and dyadic coping. *Journal of Social and Personal Relationships, 27*, 408-424.

Falconier, M. K., Nussbeck, F., Bodenmann, G., Schneider, H. & Bradbury, T. N. (2015). Stress from daily hassles in couples: Its effects on intradyadic stress, relationship satisfaction, and physical and psychological well-being. *Journal of Marital and Family Therapy, 41*, 221-235. doi: 10.1111/jmft.12073.

Randall, A. K. & Bodenmann, G. (2009). The role of stress on close relationships and marital satisfaction. *Clinical Psychology Review, 29* (2), 105-115.

Bodenmann, G. & Cina, A. (2006). Stress and coping among stable-satisfied, stable-distressed and separated/divorced Swiss couples: A 5-year prospective longitudinal study. *Journal of Divorce and Remarriage, 44*, 71-89.

Bodenmann, G. (1997). The influence of stress and coping on close relationships: A two-year longitudinal study. *Swiss Journal of Psychology, 56*, 156-164.

Ditzen, B., Schaer, M., Bodenmann, G., Gabriel, B., Ehlert, U., & Heinrichs, M. (2009). Intranasal Oxytocin Increases Positive Communication and Reduces Cortisol Levels during Couple Conflict. *Biological Psychiatry, 65*, 728-731.

Ditzen, B., Neumann, I., Bodenmann, G., v. Dawans, B., Turner, R., Ehlert, U., & Heinrichs, M. (2007). Effects of different kinds of marital interaction on cortisol and heart rate responses to stress in women. *Psychoneuroendocrinology, 32*, 565-574.

Donato, S., Iafate, R., D., Bertoni, A., Bodenmann, G. & Gagliardi, S. (2009). Measuring dyadic coping: The factorial structure of Bodenmann's "Dyadic Coping Questionnaire" in an Italian sample. *TPM- Testing, Psychometrics, Methodology in Applied Psychology, 16*, 25-47.

Falconier, M. K., Nussbeck, F., & Bodenmann, G. (2014). Stress from daily hassles in couples: Its effects on intradyadic stress, relationship satisfaction, and physical and psychological well-being. *Journal of Marital and Family Therapy*, doi: 10.1111/jmft.12073.

Falconier, M. K., Nussbeck, F., & Bodenmann, G. (2013). Immigration stress and relationship satisfaction in Latino couples: The role of dyadic coping. *Journal of Social and Clinical Psychology, 32*, 813-843.

Künzler, A., Nussbeck, F. W., Moser, M. T., Bodenmann, G. & Kayser, K. (2013). Individual and dyadic development of personal growth in couples coping with cancer. *Support Care Cancer*. DOI 10.1007/s00520-013-1949-6

Ledermann, T., Bodenmann, G., Rudaz, M. & Bradbury, T. N. (2010). Stress, communication, and marital quality in couples. *Family Relations*, 59, 195-206.

Schär, M. & Bodenmann, G. (2010). Stress and strain due to developmental processes in families: Coping strategies as in the example of dyadic coping. In O. Kapella, C. Rille-Pfeiffer, M. Rupp & N. F. Schneider (Eds.), *Family diversity* (pp. 371-378). Opladen & Farmington Hills, MI: Barbara Budrich Publishers.

Randall, A. K. & Bodenmann, G. (2013). Family stress. In M. D. Gellman & J. R. Turner (Eds.), *Encyclopedia of Behavioral Medicine*. Part 6, pp. 771-773, DOI: 10.1007/978-1-4419-1005-9_17

Bodenmann, G. & Perrez, M. (1995). The impact of stress and coping on marital interaction and satisfaction. In M. Perrez, J-L. Lambert, C. Ermer & B. Plancherel (Eds.), *Famille en transition* (pp. 202-233). Bern: Huber.

Bodenmann, G., Bodenmann-Kehl, C. & Perrez, M. (1994). An analysis of the relationship between trait oriented anger variables of the STAXI and situational anger reactions in an experiment. *The German Journal of Psychology*, 18, 134-136.

Psychological disorders and close relationships

Bodenmann, G., Plancherel, B., Beach, S. R. H., Widmer, K., Gabriel, B. Meuwly, N., Charvoz, L., Hautzinger, M. & Schramm, E. (2008). Effects of coping-oriented couples therapy on depression: A randomized clinical trial. *Journal of Consulting and Clinical Psychology*, 76, 944-954.

Beach, S. H., Whisman, M. A., & Bodenmann, G. (2014). Couple, parenting, and interpersonal therapies for depression in adults: Toward common clinical guidelines. In I. H. Gotlib & C. L. Hammen (eds.), *Handbook of Depression* (3rd edition) (pp. 552-570). New York: Guilford.

Bodenmann, G., Widmer, K., Charvoz, L. & Bradbury, T. N. (2004). Differences in individual and dyadic coping in depressed, non-depressed and remitted persons. *Journal of Psychopathology and Behavioral Assessment*, 26, 75-85.

Bodenmann, G. & Ledermann, T. (2008). Depressed mood and sexual functioning. *International Journal of Sexual Health*, 19, 63-73.

Bodenmann, G. & Randall, A. K. (2013). Close relationships in psychiatric disorders. *Current Opinion in Psychiatry*, 25, 464-467. . DOI:10.1097/YCO.0b013e3283642de7

Bodenmann, G. & Randall, A. K. (2013). Marital therapy for dealing with depression. In M. Power (Ed.), *The Wiley-Blackwell Handbook of Mood Disorders*, 2nd edition. West Sussex, London: John Wiley & Sons, Ltd. DOI: 10.1002/9781118316153.ch9

Gabriel, B., Beach, S. R. H., & Bodenmann, G. (2010). Depression, marital satisfaction and communication in couples: Investigating gender differences. *Behavior Therapy*, 41, 306-316.

Bodenmann, G. (2001). Illness: Dyadic and collective coping. In N. J. Smelser & P. B. Baltes (Eds.), *The International Encyclopedia of the Social and Behavioral Sciences*. Oxford: Elsevier.

Kramer, U., Bodenmann, G. & Drapeau, M. (2009). Cognitive errors assessed by observer ratings in bipolar affective disorder: relationship with symptoms and therapeutic alliance. *The Cognitive Behaviour Therapist*, 2009, 2, 92–105.

Kramer, U., Drapeau, M., Khazaal, V. & Bodenmann, G. (2009). Coping specificities in bipolar affective disorder: Relations with symptoms and therapeutic alliance. *German Journal of Psychiatry*, 12, 19-27.

Kramer, U., Drapeau, M., deRoten, Y., Despland, J. N., Preisig, M. & Bodenmann, G. (2008). Coping and cognitive errors in bipolar affective disorders: Strategies for clinical conceptualization. *Journal of Affective Disorders*, 107, 98.

Relationship distress prevention/Relationship education

Bodenmann, G. (2015). The Couples Coping Enhancement Training (CCET). In Ponzetti Jr. (Ed.) *Evidence-based Approaches to Relationship and Marriage Education*. New York, Routledge: 2015.

Bodenmann, G., Hilpert, P., Nussbeck, F. W. & Bradbury, T. N. (2014). Enhancement of couples' communication and dyadic coping by a self-directed approach: A randomized controlled trial. *Journal of Consulting and Clinical Psychology*. DOI: 10.1037/a0036356.

Haford, K. & Bodenmann, G. (2013). Effects of relationship education on maintenance of couple relationship satisfaction. *Clinical Psychology Review*, 33, 512-525.

Halford, K. W., Pepping, C. A., Hilpert, P., Bodenmann, G., Keithia L. Wilson, K. L., Busby, D., Larson, J., Holman, T. (2015). Immediate Effect of Couple Relationship Education on Low Satisfaction Couples: A Randomized Clinical Trial Plus an Uncontrolled Trial Replication. *Behavior Therapy*, doi: 10.1016/j.beth.2015.02.001

Bodenmann, G. (1997). Can divorce be prevented by enhancing coping skills in couples? *Journal of Divorce and Remarriage*, 27, 177-194.

Bodenmann, G. & Shantinath, S. D. (2004). The Couples Coping Enhancement Training (CCET): A new approach to prevention of marital distress based upon stress and coping. *Family Relations*, 53 (5), 477-484.

Bodenmann, G., Pihet, S., Cina, A., Widmer, K. & Shantinath, S. (2006). Improving dyadic coping in couples with a stress-oriented approach: A 2-year longitudinal study. *Behavior Modification*, 30, 571-597.

Bodenmann, G., Charvoz, L., Cina, A. & Widmer, K. (2001). Prevention of marital distress by enhancing the coping skills of couples: 1-year follow-up-study. *Swiss Journal of Psychology*, 60, 3-10.

Bodenmann, G., Perrez, M., Cina, A. & Widmer, K. (2002). The effectiveness of a coping-focused prevention approach: A two-year longitudinal study. *Swiss Journal of Psychology*, 61, 195-202.

Hilpert, P., Bodenmann, G., Nussbeck, F. N. & Bradbury, T. N. (2014). Improving personal happiness through couple intervention: A randomized controlled Trial of a Self-directed Couple Enhancement Program. *Journal of Happiness Studies*, DOI 10.1007/s10902-014-9591-7.

Ledermann, T., Bodenmann, G., & Cina, A. (2007). The efficacy of the couples coping enhancement training (CCET) in improving relationship quality. *Journal of Social and Clinical Psychology*, 26, 940-959.

Pihet, S., Bodenmann, G., Cina, A., Widmer, K. & Shantinath, S. D. (2007). Can prevention of marital distress improve well-being? Results of a 1-year longitudinal study. *Clinical Psychology and Psychotherapy*, 14, 79-88.

Schär, M., Bodenmann, G. & Klink, T. (2008). The efficacy of the Couples Coping Enhancement Training (CCET) in the workplace. *Applied Psychology: Health and Well-Being*, 57, 71-89.

Widmer, K. & Bodenmann, G. (2009). The Couples Coping Enhancement Training (CCET): New approach to prevent marital distress based upon stress and coping. In H. Benson & S. Callan (Eds.), *What works in relationship education: Lessons from academics and service deliverers in the United States and Europe* (pp. 98 - 107). Doha, Qatar: Doha International Institute for Family Studies and Development.

Widmer, K., Cina, A., Charvoz, L., Shantinath, S. & Bodenman, G. (2005). A model dyadic coping intervention. In T. Revenson, K. Kayser & G. Bodenmann (eds.), *Couples coping with stress: Emerging perspectives on dyadic coping* (pp. 159-174) Washington, DC: APA.

Couple therapy

Bodenmann, G. (2010). New themes in couple therapy: The role of stress, coping and social support. In K. Hahlweg, M. Grawe & D. H. Baucom (Eds.), *Enhancing couples. The shape of couple therapy to come*. (pp. 142-156). Cambridge, MA: Hogrefe Publishing.

Bodenmann, G., Bradbury, T. N. & Pihet, S. (2009). Relative contributions of treatment-related changes in communication skills and dyadic coping skills to the longitudinal course of marriage in the framework of marital distress prevention. *Journal of Divorce and Remarriage*, 50, 1-21.

Randall, A., Bodenmann, G., Molgora, S. & Margola, D. (2010). The benefit of stress and coping research in couples for couple therapy. In V. Cigoli & M. Gennari (Eds.), *Close relationships and community psychology: An International perspective*. (pp. 169-186). Milano: Franco Angeli.

Randall, A. K. & Bodenmann, G. (2013). Family and marital therapy. In M. D. Gellman & J. R. Turner (Eds.), *Encyclopedia of Behavioral Medicine*. 20, pp. 1967-1973, DOI: 10.1007/978-1-4419-1005-9_69

Relationship distress and child disorders

Zemp, M., Merillees, C. E., & Bodenmann, G. (2014). How much positivity is needed to buffer the impact of parental negativity on children? *Family Relations*, 63, 602-615. DOI:10.1111/fare.12091

Zemp, M., Milek, A., Cummings, E. M., Cina, A. & Bodenmann, G. (2015). How couple- and parenting-focused programs affect child behavioral problems: A randomized controlled trial. *Journal of Child and Family Studies*. DOI 10.1007/s10826-015-0260-1

Relationship satisfaction/prediction of divorce

Bertoni, A., & Bodenmann, G. (2010). Satisfied and dissatisfied couples: Positive and negative dimensions, conflict styles, and relationships with family of origin. *European Psychologist*. Online.

Bodenmann, G., Charvoz, L., Bradbury, T. N., Bertoni, A., Iafate, R., Giuliani, C., Banse, R. & Behling, J. (2006). Attractors and barriers for divorce: A retrospective study in three European countries. *Journal of Divorce and Remarriage*, 45, 1-23.

Bodenmann, G., Charvoz, L., Bradbury, T. N., Bertoni, A., Iafate, R., Giuliani, G., Banse, R. & Behling, J. (2007). The Role of Stress in Divorce: A Retrospective Study in Three Nations. *Journal of Social and Personal Relationships*, 24, 707-728.

Bodenmann, G., Gottman, J. M. & Backman, H. (1997). A Swiss replication of Gottman's couple typology. *Swiss Journal of Psychology*, 56, 205-216.

Bodenmann, G., Kaiser, A., Hahlweg, K. & Fehm-Wolfsdorf, G. (1998). Communication patterns during marital conflict: A cross-cultural replication. *Personal Relationships*, 5, 343-356.

Burri, A., Radwan, S., & Bodenmann, G. (2014). The role of partner-related fascination in the association between sexual functioning and relationship satisfaction. *Sex and Marital Therapy*. DOI:10.1080/0092623X.2014.966398

Charvoz L., Bodenmann G., Bertoni A., Iafate R. & Giuliani C. (2009). Is the partner who decides to divorce more attractive? A comparison between initiators and non-initiators. *Journal of Divorce and Remarriage* 50, 22-37.

Ditzen, B., Bodenmann, G., Neumann, I., Turner, R., Ehlert, U., & Heinrichs, M. (2004). Effects of romantic partner interaction on psychological and endocrine stress protection. *Psychosomatic Medicine*, 66, 1, A-65.

Rossier, J., Rigozzi, C., Charvoz, L. & Bodenmann, G. (2006). Marital satisfaction: Psychometric properties of the PFB and comparison with the DAS. *Swiss Journal of Psychology*, 65, 55-63.

Ruffieux, M., Nussbeck, F. N. & Bodenmann, G. (2014). Long-term prediction of relationship satisfaction and stability by stress, coping, communication, and well-being. *Journal of Divorce & Remarriage*, 55, 485-501. DOI: 10.1080/10502556.2014.931767

Triple P (parental education)

Bodenmann, G., Cina, A., Ledermann, T. & Sanders, M. R. (2008). The efficacy of Positive Parenting Program (Triple P) in improving parenting and child behavior: A comparison with two other treatment conditions. *Behavior Research and Therapy*, 46, 411-427.

Cina, A., Röösl, M., Schmid, H., Lattmann, U. P., Fäh, B., Schönenberger, M., Kern, W., Randall, A. & Bodenmann, G. (2011). Enhancing positive development of children: Effects of a multilevel randomized controlled intervention on parenting and child problem behavior. *Family Science*, 2, 43-57.